

**MID SUMMER WALK BETWEEN THE PARKS
CANAAN VALLEY RESORT STATE PARK**

Canaan Valley Resort and Blackwater Falls State Park are sponsoring the Mid Summer Walk Between the Parks. The event has been planned so that families, groups, and individuals can enjoy outdoor, nature-oriented activities at West Virginia State Parks. This will be a leisurely, casual guided walk. Everyone must stay in a group – no speed walkers, please.

The eight mile “Walk Between the Parks” will highlight activities. The registration fee includes shuttle service from Canaan Valley Resort State Park. We suggest bringing your own snacks and water.

REGISTRATION

A registration fee of \$12 for adults, \$7 for children (ages 6-12) is required to participate. Pre-registration is recommended using the form below or you may register Friday (hours TBD) in the Beech Club, Canaan Valley Resort Main Lodge, or prior to walk on Saturday morning.

WALK BETWEEN THE PARKS

The eight mile walk from Blackwater Falls State Park to Canaan Valley Resort State Park will begin at the Blackwater Falls State Park Riding Stables at 10am on Saturday. The average walking time is approximately four hours.

(detach here)

Registration Form
(Please Print)

Name _____ Emergency Contact _____ (Name) _____ (Phone) _____

Address _____

City _____ State _____ Zip _____

Please Print Each Participants Name:

Registration Fee			
Number age 12 and under	_____	@ \$7.00 =	_____
Number of Adults	_____	@ 12.00 =	_____
		Total =	_____

Refund with seven days notice prior to event.

Make checks payable to **Canaan Valley Resort** and send with form to:
Canaan Valley Resort, HC 70, Box 330 Davis, WV 26260.
Attn: David Vance, Recreation Manager

(Waiver must accompany Registration Form)

A shuttle bus will transport walkers from Canaan to Blackwater Falls State Park at 9:30am Saturday morning and back to Blackwater between 2pm and 5pm. The shuttle bus may be boarded at the front of the Main Lodge, Canaan Valley Resort State Park.

Eight miles in length, the trail between the two parks is rocky and wet in places and moderately strenuous. Elevation changes are approximately 600 feet. The use of hiking boots or cross-country walking shoes is recommended. Some trail sections are wet and/or rough (rocks, roots). Walkers will pass through groves of Red Spruce and Eastern Hemlock and dense rhododendron thickets. A short section of this trail follows Canaan Loop Road on top of Canaan Mountain.

WAIVER AND RELEASE

Mid Summer Walk Between the Parks is an outdoor, nature oriented event sponsored by Guest Services d/b/a Canaan Valley Resort and Blackwater Falls State Park. The event includes walks in a variety of settings and of varying distances. Each participant must personally assess his/her own ability and experience level in electing to participate before and during the activities provided as a part of this event.

I, the undersigned, hereby declare that I am voluntarily participating in the above described event and that I make this informed decision based upon assessment that I possess adequate knowledge concerning the details of the event. In consideration of the acceptance of my participation, I acknowledge and accept all the risks involved in an outdoor event of this nature.

I do hereby forever release and discharge the corporate and other sponsors of the event as well as their members, employees, agents, officers, directors, and/or trustees from any and all claims, causes of action, and suits which I, or my heirs or assigns, shall or may have arising from, or as a result of my participation in said event.

Signature Required

(Parent or guardian must sign if participant is under 18. Please print name of minor beside guardian's name)
